

## Scale for measurement of the possibility of occurrence of constipation

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Received: 25.05.2012; Accepted: 21.04.2013

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■ **ABSTRACT** : Constipation appears to be the most common cause of disability in many parts of world. Scientific evidences today support the concept that constipations have their roots in our daily diets. In recent years researchers have focused attention on dietary aspects of the above disease. Hence, presence study was undertaken with an objective to develop scale for measure possibility of occurrence of constipation. For present investigation the methodology followed was collection of statements, editing and pre-selection of items, selection of items, item analysis, testing the validity and reliability of scale etc. As the scale was found to be reliable and valid, the developed scale served as a scientific tool for the measurement of possibility of occurrence of constipation.

■ **KEY WORDS** : Constipation, Dietary fibre, Risk factors, Scale

■ **HOW TO CITE THIS PAPER** : Khogare, D.T. and Kolgane, B.T. (2013). Scale for measurement of the possibility of occurrence of constipation. *Asian J. Home Sci.*, **8** (1): 316-319.